



Nutmeg

We are suppliers of BEST QUALITY Indonesian Nutmeg.



Nutmeg Product Details:

Item	Value
Variety	Nutmeg
Storage Type	cool and dry place
Specification	Nutmeg
Product Type	Single Herbs & Spices
Manufacturer	PT ATBUSINESS OPERATION UNIVERSAL(ATBOU)
Ingredients	Organic Nutmeg
Content	Natural
Instruction for use	food grade
Style	Dried
Drying Process	AD
Processing Type	Raw
Shape	Piece
Color	Brown
Place of Origin	Indonesia
Weight (kg)	25



Shelf Life	24 months
Brand Name	Custom
Model Number	PGA:0023
Texture	Rough and Dry
Colour	Brown
Moisture Content	Less than 10%
Taste	Slightly nutty & sweet
Aroma	Woody flavor with Aromatic scent



Nutmeg: Spice Packed with Goodness.

Seeds from a tropical evergreen tree originating in Indonesia produce nutmegs. It adds a warm, slightly sweet and nutty flavor to all sorts of sweets or savory dishes. They're fantastic! Nutmegs are not just succulent; packed with antioxidants and antiinflammatories, they benefit your health.

How is nutmeg made? Now we gather ripe fruits from the nutmeg tree. Inside is this beautiful red aril, that's the seed covering. We take it out, let it dry for weeks until shrinking. Finally a wooden club smashes the shell and gives us our valuable nutmegs. They are either milled into a powder or sold whole as seeds.

Nutmeg adds a nice touch to dishes. Add it to your coffee, tea or oats. It will go well with yogurt or fruit as well. It raises vegetables, soups and stews. It elevates dishes made from rice, meat, fish and chicken. It gives desserts, breads, muffins and cake a kick! Nutmeg is a European and an Indian food big hit.



Why nutmeg? Here's why:

- It aids in digestion, helping you process fats more easily.
- It kills bad bacteria, and makes your mouth healthy.
- It cleanses your body, eliminating waste via urine.
- Healthy kidneys prevent kidney stones and urinary tract infections.
- Have trouble falling asleep? Try nutmeg. It can help relax and induce slumberous contentment.
- Nutmegs' power reaches pain relief, because it dulls nerve endings and reduces inflammation.
- It also plays a role in the battle against cancer, inhibiting tumor growth.
- In addition, there is still another cargo which may interfere with certain drugs or be allergic to others.
- Because it may be hormonal, you should probably not take this herb if you are pregnant or nursing.



Packaging and delivery

Packaging Details

Using 25 Kg sacks and carton boxes.

According to the buyer's request.

Port Tanjung Priok,

Supply Ability

Supply Ability

100 Ton/Tons per Month

Lead Time

Quantity (kilograms)	1 - 25	26 - 300	301 - 500	> 500
Lead time (days)	8	12	20	To be negotiated

Customization

Customized packaging

Min. order: 500

Nutmegs pack a punch! They garnish your food and also add to your health. But, be careful. They may also give you indigestion, or interact with your drugs. Have questions or concerns about nutmegs? So the first thing to do is check with your doctor before putting them in your mouth.